



MICDS COVID-19 PROTOCOLS FOR WINTER ATHLETIC EVENTS

1. In accordance with St. Louis Guidelines, we ask that you conduct COVID-19 screenings **PRIOR** to arriving on campus or competition locations. Teams will be asked to provide a signed statement acknowledging they have completed the required screening and submit a roster in the event contract tracing is necessary.
2. We ask that your teams wear masks to campus, and they remain on at all times. At this time, masks are required for all players (even while competing).
3. Coaches are required to be in masks at all times.
4. Teams should practice social distancing when not in competition.
5. You need to bring your own water coolers/bottles. To reduce contact, MICDS will not provide any coolers, nor will sharing be permitted.
6. Locker rooms will not be available before or after competitions.
7. Athletic trainers will be on campus. In the event of an injury, we ask that your coach make first contact. If you believe an athletic trainer needs to evaluate the athlete, all parties need to remain in masks throughout the evaluation. We also ask that your athletes arrive to campus taped as needed to cut down on contacts in our training room.
8. Spectators: in accordance with St. Louis County recommendations, MICDS is not allowing any spectators for competitions.

MICDS CONTACT INFORMATION:

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